Convenience Services

What's on your "to-do" list? The convenience services included in your LifeMatters benefits can make quick work out of many of the day-to-day chores that occupy your spare time.

The free convenience services available 24/7/365 through LifeMatters will help you find services in a variety of areas, including:

- Pet sitters
- Veterinarians
- Pet obedience training
- Apartment locators
- School searches
- Senior health resources
- General health resources
- Alternative health resources
- Diet and nutrition
- Fitness centers and programs
- Home maintenance
- Travel services
- Volunteer services
- Emergency services

Real-life examples of convenience services requests include:

- I need information on obtaining a passport.
- My son threw a football through our custom window blinds. Does anyone repair them in our area?
- I'm looking for a self-defense class, and I'd prefer one that's on my route between home and work.
- My handwriting is causing problems at work. Can you help me find a handwriting consultant?
- My extended family wants a reasonably-priced vacation on the water for spring break. Could you give me a list of familyfriendly locations and resorts?
- We're moving for my wife's new job. I'm looking for an apartment that fits our budget and information about schools.
- My house was damaged in a storm. I need information on reliable, reasonably-priced repair services.
- I want to eat healthier. Can you help me locate a nutritionist?
- Our family veterinarian is retiring. What are the options for new providers in our area?

LifeMatters is available to assist with your convenience service needs. Call anytime.



Call **Life**Matters® toll-free anytime. **1-800-634-6433**

Assistance with Life, Work, Family, and Wellbeing • 24/7/365 **mylifematters.com** • Text "Hello" to 61295
Call collect to **262-574-2509** if outside of North America
TDD and language translation services are available

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